

Rules and Regulations

Helsinki City Marathon rules and regulations

These rules and regulations concern the Helsinki City Marathon events. Everyone participating to the HCM events is committed to obey these rules. The organizers of the event are Finnish Athletics Federation (Suomen Urheiluliitto ry), Helsingin Kisa-Veikot, Helsingin Poliisi-Voimailijat and Viipurin Urheilijat. Entrants must also comply with the official competition rules of the international amateur athletic federation (IAAF).

Judges

The judges of the race are the chief judge and the Executive committee of the race.

Classes

There are different age classes for women and men:

Women/Men open, Women 35 years, Women/Men 40 years, Women/Men 45 years, Women/Men 50 years, Women/Men 55 years, Women/Men 60 years, Men 65 years, Men 70 years

When signing in the participants of the marathon announce their birth date according which the runners are put to different classes. The class is determined by the age on December 31st of the running year (IAAF rule 102). The participant can, if he/she wants to, take part in the open class, but not to the other classes.

Finnish Championships of associations

Finnish Championships of different associations are run at the Helsinki City Marathon. The runner can participate in only one FC-race.

Doping

The organizers are given the right to perform a doping test to the participants.

Registration

The registration to the HCM-events is made by paying the entry fee to the organizers. The organizers confirm the entry fee for every event separately.

Cancelling the registration

The entry fees are not refunded if the participant cancels his/her participation. If the participant pays the insurance fee at the same time with the entry fee, he/she is able to postpone the registration to next year's event in case of sickness or injury. The postponing can be done only once (one year ahead) and only for the runner himself/herself. Additionally, the participant should send the organizers a doctor's certificate before the race. If it is sent by postal mail, it should have the postal stamp date of the race day at the latest.

Running number

The participants are obligated to keep their running number attached to the front of the shirt, so that it is clear and visible. It is not allowed to cover or remove the advertisement of the number. The running number is personal and it cannot be transferred to another runner. With the permission of the organizers the number can, however, be transferred to another person by paying the fee that the organizer defines.

Start positioning at the race

At the start area, the participants should position to the group which is determined by the estimated finishing time. The signs of the estimated finishing times are visible at the start area.

Duration of the race

The maximum race time is 6 hours. As the marathon starts at 3 PM, the runner should finish by 9:10 PM being able to get an acceptable result.

Disqualification

The organizers have the right to disqualify any runner from the marathon race if the runner is noticed to be crossing the finish line without having completed the entire course or otherwise disturbing the performances of the fellow competitors. The participant must immediately cancel his/her run if an official organizer asks to (IAAF rule 165 part 3).

Cancelling

If the runner cancels the run, he/she must immediately inform the nearest refreshment point and return the running chip to the officials. The marathon race finishes six hours after the start. The runners should move forward on the route according to the maximum running time of the table of steady pace. There are check points along the route at which the runner has to be within certain time in order to be allowed to continue at the race. The participant is noticed to have cancelled the race if he/she does not arrive to the finish line within the maximum time or he/she does not arrive to the refreshment point within the maximum time of the race.

Prizes

The participant medal is given to every runner finishing within the official race time. In addition, the best runners in every age class can be rewarded with separately decided ways by the organizers. Special prizes will be raffled between the Finnish runners who have finished in time.

Insurance

The runners that belong to the Finnish social security system (KELA) are insured for acute illness and injuries sustained during the race. The insurance is valid from the time the runner enters the start area until the time the runner has left the finishing area. If the participant needs to use the insurance, he/she should contact the official medical services at Helsinki City Marathon first.

The photos

The organizers have the right to use the photos taken during the HCM-events.

Addresses

The address information of the participants can be used for direct marketing unless the runner denies it separately.

Complaints

The complaints should be made in written form to the race office within one hour after the race has ended.

The age limit

The age limit for the marathon is 18 years. A participation right is given to them who are or will be 18 years old during the year of the race.

Other rules

In addition to these rules, the organizers can give more instructions or regulations, which the participants are obligated to comply with.



**HELSINKI CITY
MARATHON**